



Post Graduate Certificate Course in Siddha Varmam Therapy (PGCSVt)

What is Siddha Varmam therapy

- Siddha Varmam Therapy (Varma vaidyam) is a unique traditional drugless healing method by manipulating energy (varma) points located along the 12 energy (naadi) channels of the human body.
- Ancient Siddhas (Yogi) like Agastyar, Thirumular, Bogar developed this art of healing and authored >120 literature. Varma therapy is used in pain management, Musculo-skeleto-neuronal disorders, chronic diseases, post-trauma, sports injuries, etc.

About the course

- First of its kind in India, trains the healthcare professionals to use this ancient healing technique. Experienced Siddha Varma physicians are going to teach students.

- The course includes fundamentals of Siddha Varmam science, identification of important varma points, traumatic sequale of each point, manipulation techniques of each point, health benefits of each point, Siddha varmaexternal therapies, Siddha Yoga, Varmasanam, spine alignment, treatment protocol for common conditions, etc.

Eligibility: Any UG health professionals such as MBBS, BDS, BSMS, BAMS, BNYS, BUMS, BHMS, BPT and other allied Health Sciences, Bsc. Nursing, Yoga therapy, etc.

Duration: 6 months, Full time course (8.30 am – 5.00 pm)

Course Fee: Rs.60,000 (General category), USD.1600 (NRI)

Contact:

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